



## JUICES (16oz)

### ROOTS RADICAL...\$9

red beet, carrot, pear, ginger, lemon, turmeric  
*liver support, oxygenating, anti-inflammatory*

### SWEET KARMA...\$10

apple, parsley, spinach, kale, romaine, ginger, lemon  
*increases vitality, supports brain function, improves complexion*

### BASILLION...\$10

apple, basil, spinach, lemon, cayenne, chlorophyll  
*digestive support, clear skin, anti-inflammatory*

### ORANGE YA GLAD...\$10

fuji apple, cranberry, ginger, lemon, orange  
*high antioxidants, anti-inflammatory, glowing skin*

### LEAN GREEN VEGGIE MACHINE...\$10

cucumber, romaine, spinach, kale, lemon, parsley, ginger  
*improves complexion, digestive health, anti-inflammatory*

### OH GINGER!...\$9

apple, carrot, ginger, turmeric  
*high vitamin A, anti-inflammatory*

### C-HORSE...\$9

orange, green apple, lemon, pineapple, lime, cayenne  
*supports immune system, glowing complexion, metabolic boost*

### MIDNIGHT TRAIN...\$6

chaga + reishi infused honey, lemon, heavy black tea, activated charcoal, alkaline water  
*adaptogenic, energizing, high in antioxidants*

### KALE AID...\$9

celery, apple, cucumber, lemon, kale, ginger  
*aids water reduction, connective tissue support, alkalizing*

## TEA + ALMOND MYLKs (16oz)

### MATCHA LATTE...\$7 GF V

matcha, coconut cream, maple, himalayan sea salt, oat mylk  
*metabolic boost, supports brain function and heart health*

### VANILLA ALMOND JAVA...\$9 GF V

cold-brewed coffee, house almond mylk, madagascar vanilla

### SMOOTH OPERATOR...\$9 GF V

house almond mylk, date, cinnamon, vanilla  
*omega fatty acids, supports brain function, supports digestion*

### ALMOND MYLK...\$9 GF V

raw sprouted almond, filtered water, date, vanilla bean  
*omega fatty acids, supports brain function, heart health*

GF gluten free V vegan VEG vegetarian

## SMOOTHIES (16oz)

### SEASONAL...\$10.50

### MATCHA FRAPPÉ...\$7 GF V

matcha, coconut cream, maple, himalayan sea salt, oat mylk  
*metabolic boost, supports brain function and heart health*

### STRAWBERRY BANANA OAT...\$9 VEG

strawberry, banana, oat, coconut water, coconut cream, house almond mylk, honey  
*skin cell turnover, boosts electrolytes, healthy digestion*

### IMMUNIE...\$9 GF V

pineapple, orange, banana, lemon, sea buckthorn berry juice, astragalus, nettle oil, ginger  
*boosts immunity, glowing skin, supports respiratory health*

### CACAO KA-POW...\$10.50 GF V

cacao, mesquite, spinach, banana, coconut oil, coconut cream, coconut water, house almond mylk, maple syrup, cinnamon, maca, tocotrienols, sea salt  
*stabilizes mood, energizes, supports brain function*

### MINT-TO-BE...\$10.50 GF V

banana, house almond mylk, coconut oil, date, spinach, peppermint oil, cacao nib, tocotrienols  
*antimicrobial, glowing skin, supports heart health*

### POM POM POP...\$9 GF V

pineapple, orange, pomegranate, coconut cream  
*high antioxidants, improves complexion, anti-inflammatory*

### HOT DATE...\$9 GF V

house almond mylk, kale, banana, date  
*high electrolytes & omegas*

## JUICE BOOSTS (3oz)

### YIN ZING...\$5

ginger, lemon, turmeric  
*anti-inflammatory, supports digestive health, alkalizing*

### DETOX...\$4

apple, lemon, ginger, stinging nettle extract, milk thistle extract  
*boosts immunity, anti-inflammatory, supports digestive health*

### BODY KARATE...\$4

orange, sea buckthorn berry juice, ginger, lemon, astragalus, nettle oil  
*boosts immunity, essential fatty acids, improves complexion*

## SNACKS + SWEETS

### TUSCAN KALE & QUINOA SALAD...\$8 GF V

kale, red quinoa tabbouleh, lemon dressing  
*alkalizing, high in vitamin K, antioxidants*

### ALMOND PULP COOKIE DOUGH...\$6 GF VEG

almond, date, vanilla, dark chocolate, almond butter, GF pretzel, sesame seed, honey

ARCADIA  
3912 E. CAMELBACK RD, PHOENIX, AZ 85018  
480.240.1277

MONDAY - SATURDAY: 9AM - 1PM