



JUICES (16oz)

ROOTS RADICAL...\$9

red beet, carrot, pear, ginger, lemon, turmeric
liver support, oxygenating, anti-inflammatory

SWEET KARMA...\$10

apple, parsley, spinach, kale, romaine, ginger, lemon
increases vitality, supports brain function, improves complexion

BASILLION...\$10

apple, basil, spinach, lemon, cayenne, chlorophyll
digestive support, clear skin, anti-inflammatory

ORANGE YA GLAD...\$10

fuji apple, cranberry, ginger, lemon, orange
high antioxidants, anti-inflammatory, glowing skin

LEAN GREEN VEGGIE MACHINE...\$10

cucumber, romaine, spinach, kale, lemon, parsley, ginger
improves complexion, digestive health, anti-inflammatory

OH GINGER!...\$9

apple, carrot, ginger, turmeric
high vitamin A, anti-inflammatory

C-HORSE...\$9

orange, green apple, lemon, pineapple, lime, cayenne
supports immune system, glowing complexion, metabolic boost

MIDNIGHT TRAIN...\$6

chaga + reishi infused honey, lemon, heavy black tea,
activated charcoal, alkaline water
adaptogenic, energizing, high in antioxidants

KALE AID...\$9

celery, apple, cucumber, lemon, kale, ginger
aids water reduction, connective tissue support, alkalizing

TEA + ALMOND MYLKS (16oz)

MATCHA LATTE...\$7



matcha, coconut cream, maple, himalayan sea salt, oat mylk
metabolic boost, supports brain function and heart health

VANILLA ALMOND JAVA...\$9



cold-brewed coffee, house almond mylk, madagascar vanilla

SMOOTH OPERATOR...\$9



house almond mylk, date, cinnamon, vanilla
omega fatty acids, supports brain function, supports digestion

ALMOND MYLK...\$9



raw sprouted almond, filtered water, date, vanilla bean
omega fatty acids, supports brain function, heart health

gluten free vegan vegetarian

SMOOTHIES (16oz)

SEASONAL...\$10^{.50}

MATCHA FRAPPÉ...\$7



matcha, coconut cream, maple, himalayan sea salt, oat mylk
metabolic boost, supports brain function and heart health

STRAWBERRY BANANA OAT...\$9



strawberry, banana, oat, coconut water, coconut cream,
house almond mylk, honey
skin cell turnover, boosts electrolytes, healthy digestion

IMMUNIE...\$9



pineapple, orange, banana, lemon, sea buckthorn berry juice,
astragalus, nettle oil, ginger
boosts immunity, glowing skin, supports respiratory health

CACAO KA-POW...\$10^{.50}



cacao, mesquite, spinach, banana, coconut oil, coconut cream,
coconut water, house almond mylk, maple syrup, cinnamon, maca,
tocotrienols, sea salt
stabilizes mood, energizes, supports brain function

MINT-TO-BE...\$10^{.50}



banana, house almond mylk, coconut oil, date, spinach,
peppermint oil, cacao nib, tocotrienols
antimicrobial, glowing skin, supports heart health

POM POM POP...\$9



pineapple, orange, pomegranate, coconut cream
high antioxidants, improves complexion, anti-inflammatory

HOT DATE...\$9



house almond mylk, kale, banana, date
high electrolytes & omegas

JUICE BOOSTS (3oz)

YIN ZING...\$5

ginger, lemon, turmeric
anti-inflammatory, supports digestive health, alkalizing

DETOX...\$4

apple, lemon, ginger, stinging nettle extract, milk thistle extract
boosts immunity, anti-inflammatory, supports digestive health

BODY KARATE...\$4

orange, sea buckthorn berry juice, ginger, lemon,
astragalus, nettle oil
boosts immunity, essential fatty acids, improves complexion

SNACKS + SWEETS

TUSCAN KALE & QUINOA SALAD...\$8



kale, red quinoa tabbouleh, lemon dressing
alkalizing, high in vitamin K, antioxidants

ALMOND PULP COOKIE DOUGH...\$6



almond, date, vanilla, dark chocolate, almond butter,
GF pretzel, sesame seed, honey

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MONDAY - SATURDAY: 8AM - 3PM