## PLACING AN ORDER

To place your order, contact the restaurant via phone at least 12 hours in advance. For next day pick up, orders must be placed by 3:00 PM the previous day. Although we ask for advance notice, we will do our best to accommodate any late orders. Additional fees may apply.

## FOOD ALLERGIES

All of our catered menu items are prepared with the same high-quality ingredients and care you enjoy in our restaurant. When placing your order, please alert our catering team of any food allergies.

## CANCELLATIONS

For changes outside of a 24-hour window, we will do our best to accommodate client's needs. In the event of a cancellation or modification within a 24 hour window, you will be charged in full for the original order.



## BETTER FOOD MEANS BETTER LIVING.

At True Food Kitchen, we believe that living well isn't just about eating good-for-you food, but about sharing it with good people. Thank you for the opportunity to share our delicious food with you and your group. Just like our dine-in menu, our catering menu is carefully crafted so that every bite and every refreshing sip serve up big flavor, and an abundance of fresh, seasonal ingredients. Ingredients that make your next group gathering even more brilliant.



TRUE FOOD KITCHEN

TRUEFOODKITCHEN.COM

# TRUE FOOD KITCHEN

## CATERING MENU

Fall 2021

**ST. JOHNS TOWN CENTER**

5205 Big Island Dr
Jacksonville, FL 32246
904-996-7333

TRUEFOODKITCHEN.COM

## STARTERS

*Serves 5-6*

Roasted Brussels Sprouts
*mushroom, miso seasame vinaigrette, chili thread...45* V GF

Charred Cauliflower
*harissa tahini, medjool date, dill, mint, pistachio...45* V GF

Herb Hummus
*cucumber, cherry tomato, onion, olive, feta, lemon oregano vinaigrette & house-made pita...40* VEG

## SALADS

***Option to Add Protein***

*Serves 5-6*

Tuscan Kale Salad
*organic kale, lemon, garlic, grana padano, breadcrumb...45* VEG

Chopped Salad
*medjool date, dried cranberry, jicama, organic apple, manchego, farro, marcona almond, champagne vinaigrette...50* VEG

Seasonal Ingredient Salad
*butternut squash, cauliflower, brussels sprout, cannellini bean, organic kale, toasted mulberry, pomegranate, horseradish vinaigrette...55* V GF

## WRAPS

*Serves 5-6 (10 half wraps)*

Grilled Chicken Avocado Wrap
*organic tomato, cucumber, hummus, fresh mozzarella, butter lettuce, lemon oregano vinaigrette...60*

Moroccan Chicken Pita
*pickled onion, shredded romaine, arugula, feta, charred onion, cherry tomato, harissa tahini, red pepper chili flake...55*

Warm Vegetable Pita
*house-made almond ricotta, grilled portobello, grilled broccolini, cilantro pesto, arugula...50* V

**These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.*

## PACKAGES...160

*Serves 10-12*

### WRAPPER'S DELIGHT

*choice of 2 wraps, 2 sides and baker's dozen chocolate chip cookies*

### MUST LOVE BOWLS

*choice of 2 bowls + noodles, 2 sides and baker's dozen chocolate chip cookies*

### SALAD GOLD

*choice of 2 salads, 2 sides and baker's dozen chocolate chip cookies*

***ADD ANY PROTEIN TO PACKAGES FOR ADDITIONAL CHARGE***

## SIDES

*Serves 5-6*

Sweet Potato Hash...25 V GF

Seasonal Vegetables...25 V

Cauliflower Rice...20 V GF

Street Corn...20 V GF

Brown Rice + Quinoa...20 V GF

## PROTEIN

*Serves 5-6*

Tofu...25

Grilled Chicken...30

Shrimp*...40

Grass-Fed Steak*...60

Grilled Salmon*...80

## SAUCES

*10oz Container*

Cilantro Pumpkin Seed Pesto...5 V GF

Teriyaki...5 GF

Miso Sesame Vinaigrette...5 V GF

**GF** = GLUTEN FRIENDLY **VEG** = VEGETARIAN **V**= VEGAN

## BOWLS + NOODLES

***Option to Add Protein***

*Serves 5-6*

Ancient Grains Bowl
*miso sesame glazed sweet potato, turmeric, charred onion, snow pea, portobello, avocado hemp seed...55* V

Korean Noodle Bowl
*sweet potato glass noodle, pickled shiitake, organic spinach, rainbow carrot, bean sprout, toasted sesame...50* V GF

Teriyaki Quinoa Bowl
*broccoli, rainbow carrot, bok choy, mushroom, brown rice, avocado, toasted sesame...45* V GF

Spaghetti Squash Casserole
*crushed organic DiNapoli tomato, caramelized onion, zucchini, fresh mozzarella...50* VEG

Lasagna Bolognese
*fennel chicken sausage, mushroom, organic spinach, ricotta, basil...60* GF

## ORGANIC TEA + LEMONADE

Seasonal Lemonade...20

Seasonal Limeade...20

Organic Green Tea...10

Organic Black Tea...10

## DESSERTS

Chocolate Chip Cookies V GF
*Half Dozen...12*
*Baker's Dozen...24*

Seasonal Pie
*Full Pie (6 slices)...28*