

STARTERS

Serves 5-6

Roasted Brussels Sprouts

mushroom, miso sesame vinaigrette, chili thread v GF

Charred Cauliflower

harissa tahini, medjool date, dill, mint, pistachio v GF

Herb Hummus

cucumber, cherry tomato, onion, olive, feta, lemon oregano vinaigrette & house-made pita VEG

SALADS

Option to Add Protein

Serves 5-6

Tuscan Kale Salad

organic kale, lemon, garlic, grana padano, breadcrumb VEG

Chopped Salad

medjool date, dried cranberry, jicama, organic apple, manchego, farro, marcona almond, champagne vinaigrette VEG

Seasonal Ingredient Salad

butternut squash, cauliflower, brussels sprout, cannellini bean, organic kale, toasted mulberry, pomegranate, horseradish vinaigrette v GF

WRAPS

Serves 5-6 (10 half wraps)

Grilled Chicken Avocado Wrap

organic tomato, cucumber, hummus, fresh mozzarella, butter lettuce, lemon oregano vinaigrette

Moroccan Chicken Pita

pickled onion, shredded romaine, arugula, feta, charred onion, cherry tomato, harissa tahini, red pepper chili flake

Warm Vegetable Pita

house-made almond ricotta, grilled portobello, grilled broccolini, cilantro pesto, arugula v

**These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.*

PACKAGES

Serves 10-12

WRAPPER'S DELIGHT

choice of 2 wraps, 2 sides and baker's dozen chocolate chip cookies

MUST LOVE BOWLS

choice of 2 bowls + noodles, 2 sides and baker's dozen chocolate chip cookies

SALAD GOLD

choice of 2 salads, 2 sides and baker's dozen chocolate chip cookies

ADD ANY PROTEIN TO PACKAGES FOR ADDITIONAL CHARGE

SIDES

Serves 5-6

Sweet Potato Hash v GF

Seasonal Vegetables v

Cauliflower Rice v GF

Street Corn v GF

Brown Rice + Quinoa v GF

PROTEIN

Serves 5-6

Tofu

Grilled Chicken

Shrimp*

Grass-Fed Steak*

Grilled Salmon*

SAUCES

10oz Container

Cilantro Pumpkin Seed Pesto v GF

Teriyaki GF

Miso Sesame Vinaigrette v GF

GF = GLUTEN FRIENDLY VEG = VEGETARIAN V = VEGAN

BOWLS + NOODLES

Option to Add Protein

Serves 5-6

Ancient Grains Bowl

miso sesame glazed sweet potato, turmeric, charred onion, snow pea, portobello, avocado hemp seed v

Korean Noodle Bowl

sweet potato glass noodle, pickled shiitake, organic spinach, rainbow carrot, bean sprout, toasted sesame v GF

Teriyaki Quinoa Bowl

broccoli, rainbow carrot, bok choy, mushroom, brown rice, avocado, toasted sesame v GF

Spaghetti Squash Casserole

crushed organic DiNapoli tomato, caramelized onion, zucchini, fresh mozzarella VEG

Lasagna Bolognese

fennel chicken sausage, mushroom, organic spinach, ricotta, basil GF

ORGANIC TEA + LEMONADE

Seasonal Lemonade

Seasonal Limeade

Organic Green Tea

Organic Black Tea

DESSERTS

Chocolate Chip Cookies v GF

Half Dozen

Baker's Dozen

Seasonal Pie

Full Pie (6 slices)