#### **ORDER ONLINE**

To place a catering order online, visit
TrueFoodKitchen.com/catering and choose
pickup or delivery. No same-day pick up for
online orders. If you wish to place your order by
phone, please call the restaurant and a member
of our True Food team will assist you.

#### **FOOD ALLERGIES**

All of our catered menu items are prepared with the same high-quality ingredients and care you enjoy in our restaurant. When placing your order, please alert our catering team of any food allergies.

# **CANCELLATIONS**

For changes outside of a 24-hour window, we will do our best to accommodate client's needs. In the event of a cancellation or modification within a 24 hour window, you will be charged in full for the original order.



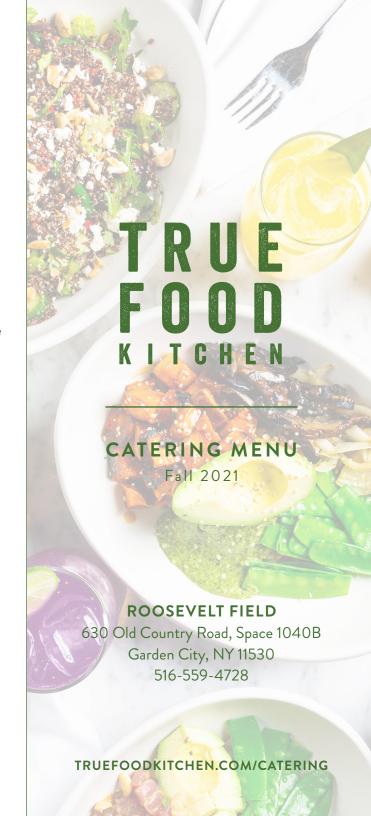


#### **EAT BETTER TOGETHER**

At True Food Kitchen, we believe eating well is more than delicious and good-for-you food, it's sharing it with good company. Whether you're ordering for the office, everyday entertaining or planning a special event, our catering menu lets you carefully craft the ideal offering for your group gathering. Choose from a selection of healthy and delicious packages and a la carte offerings including starters, salads, sandwiches, bowls, desserts and refreshing beverages, featuring the best and freshest ingredients.



TRUEFOODKITCHEN.COM/CATERING



#### STARTERS

Serves 5-6

# Roasted Brussels Sprouts

mushroom, miso seasame vinaigrette, chili thread...45 v GF

#### Charred Cauliflower

harissa tahini, medjool date, dill, mint, pistachio...45 v GF

#### Herb Hummus

cucumber, cherry tomato, onion, olive, feta, lemon oregano vinaigrette & house-made pita...40 veg

#### SALADS

Option to Add Protein

Serves 5-6

# Tuscan Kale Salad

organic kale, lemon, garlic, grana padano, breadcrumb...45 VEG

# Chopped Salad

medjool date, dried cranberry, jicama, organic apple, manchego, farro, marcona almond, champagne vinaigrette...50 VEG

# Seasonal Ingredient Salad

butternut squash, cauliflower, brussels sprout, cannellini bean, organic kale, toasted mulberry, pomegranate, horseradish vinaigrette...55 v GF

#### WRAPS

Serves 5-6 (10 half wraps)

# Grilled Chicken Avocado Wrap

organic tomato, cucumber, hummus, fresh mozzarella, butter lettuce, lemon oregano vinaigrette...60

# Moroccan Chicken Pita

pickled onion, shredded romaine, arugula, feta, charred onion, cherry tomato, harissa tahini, red pepper chili flake...55

# Warm Vegetable Pita

house-made almond ricotta, grilled portobello, grilled broccolini, cilantro pesto, arugula...50 v

\*These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# PACKAGES...160

Serves 10-12

### WRAPPER'S DELIGHT

choice of 2 wraps, 2 sides and baker's dozen chocolate chip cookies

### MUST LOVE BOWLS

choice of 2 bowls + noodles, 2 sides and baker's dozen chocolate chip cookies

#### SALAD GOLD

choice of 2 salads, 2 sides and baker's dozen chocolate chip cookies

ADD ANY PROTEIN TO PACKAGES FOR ADDITIONAL CHARGE

### SIDES

Serves 5-6

Sweet Potato Hash...25 v  $_{\mbox{\scriptsize GF}}$ 

Seasonal Vegetables...25 v

Cauliflower Rice...20 v gF

Street Corn...20 v gf

Brown Rice + Quinoa...20 v gF

# PROTEIN

Serves 5-6

Tofu...25

Grilled Chicken...30

Shrimp\*...40

Grass-Fed Steak\*...60

Grilled Salmon\*...80

# SAUCES

10oz Container

Cilantro Pumpkin Seed Pesto...5 v GF

Teriyaki...5 GF

Miso Sesame Vinaigrette...5 v GF

GF = GLUTEN FRIENDLY VEG = VEGETARIAN V= VEGAN

#### **BOWLS + NOODLES**

Option to Add Protein

Serves 5-6

#### Ancient Grains Bowl

miso sesame glazed sweet potato, turmeric, charred onion, snow pea, portobello, avocado hemp seed...55 v

#### Korean Noodle Bowl

sweet potato glass noodle, pickled shiitake, organic spinach, rainbow carrot, bean sprout, toasted sesame...50 v GF

# Teriyaki Quinoa Bowl

broccoli, rainbow carrot, bok choy, mushroom, brown rice, avocado, toasted sesame...45 v gF

# Spaghetti Squash Casserole

crushed organic DiNapoli tomato, caramelized onion, zucchini, fresh mozzarella...50 VEG

# Lasagna Bolognese

fennel chicken sausage, mushroom, organic spinach, ricotta, basil...60 gf

# ORGANIC TEA + LEMONADE

Seasonal Lemonade...20

Seasonal Limeade...20

Organic Green Tea...10

Organic Black Tea...10

# **DESSERTS**

Chocolate Chip Cookies v GF Half Dozen...12 Baker's Dozen...24

> Seasonal Pie Full Pie (6 slices)...28