

STARTERS

Serves 5-6

Corn Tortilla Soup (quart size)
corn, black bean, cherry tomato pico v GF

Charred Cauliflower
harissa tahini, medjool date, dill, mint, pistachio v GF

Herb Hummus
cucumber, cherry tomato, onion, olive, feta, lemon oregano
vinaigrette & house-made pita VEG

SALADS

Option to Add Protein

Serves 5-6

Tuscan Kale Salad
organic kale, lemon, garlic, parmesan, breadcrumb VEG

Chopped Salad
medjool date, dried cranberry, jicama, organic apple, manchego,
farro, marcona almond, champagne vinaigrette VEG

Good Earth Kale Cobb
cashew poblano ranch, romaine, avocado, cucumber,
pickled jicama, corn, cherry tomato, gorgonzola,
crispy chickpea, hemp seed VEG GF

WRAPS

Serves 5-6 (10 half wraps)

Grilled Chicken Avocado Wrap
organic tomato, cucumber, hummus, fresh mozzarella,
butter lettuce, lemon oregano vinaigrette

Moroccan Chicken Pita
pickled onion, shredded romaine, arugula, feta, charred onion,
cherry tomato, harissa tahini, red pepper chili flake

Warm Vegetable Pita
house-made almond ricotta, grilled portobello, grilled
broccolini, cilantro pesto, arugula v

*These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

PACKAGES

Serves 10-12

WRAPPER'S DELIGHT

choice of 2 wraps, 2 sides and
baker's dozen chocolate chip cookies

MUST LOVE BOWLS

choice of 2 bowls + noodles, 2 sides and
baker's dozen chocolate chip cookies

SALAD GOLD

choice of 2 salads, 2 sides and
baker's dozen chocolate chip cookies

ADD ANY PROTEIN TO PACKAGES FOR ADDITIONAL CHARGE

SIDES

Serves 5-6

Sweet Potato Hash v GF

Seasonal Vegetables v

Forbidden Black Rice v GF

Brown Rice + Quinoa v GF

PROTEIN

Serves 5-6

Tofu

Grilled Chicken

Shrimp*

Grass-Fed Steak*

Grilled Salmon*

SAUCES

10oz Container

Cilantro Pumpkin Seed Pesto v GF

Teriyaki GF

Miso Sesame Vinaigrette v GF

GF = GLUTEN FRIENDLY VEG = VEGETARIAN V = VEGAN

BOWLS + NOODLES

Option to Add Protein

Serves 5-6

Ancient Grains Bowl
miso sesame glazed sweet potato, turmeric, charred onion,
snap pea, portobello, avocado, hemp seed v

Korean Noodle Bowl
sweet potato glass noodle, pickled shiitake, organic spinach,
rainbow carrot, bean sprout, toasted sesame v GF

Teriyaki Quinoa Bowl
broccoli, rainbow carrot, bok choy, green bean, snap pea,
mushroom, brown rice, avocado, toasted sesame v GF

Spaghetti Squash Casserole
crushed organic DiNapoli tomato, caramelized onion,
zucchini, fresh mozzarella VEG

Lasagna Bolognese
fennel chicken sausage, mushroom, organic spinach,
ricotta, basil GF

ORGANIC TEA + LEMONADE

Seasonal Lemonade

Seasonal Limeade

Organic Green Tea

Organic Black Tea

DESSERTS

Chocolate Chip Cookies v GF
Half Dozen
Baker's Dozen

Seasonal Pie
Full Pie (6 slices)