At True Food Kitchen, we believe eating well is more than delicious and good-for-you food, it’s sharing it with good company. Whether you’re ordering for the office, everyday entertaining, or planning a special event, our catering menu lets you carefully craft the ideal offering for your group gathering. To place your order, call the restaurant directly or order online at TrueFoodKitchen.com/catering.

**CANCELLATIONS**

For changes outside of a 24-hour window, we will do our best to accommodate client’s needs. In the event of a cancellation or modification within a 24-hour window, you will be charged in full for the original order.

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**EAT WELL, LIVE WELL**

True Food Kitchen is the culinary destination where the art of taste meets the science of food. Where anyone looking to eat well and live well can savor wholesome, intentionally sourced ingredients and big bold flavors to help fuel their wellbeing beyond the plate.

Whether you’re ordering for the office, everyday entertaining, or planning a special event...our catering menu features a selection of healthy and delicious packages or a la carte offerings like starters, salads, bowls, entrees, beverages, and desserts that are sure to make your next group gathering even more brilliant.

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*All of our catered menu items are prepared with the same high-quality ingredients and care you enjoy in our restaurant. When placing your order, please alert our catering team of any food allergies.*
**STARTERS**  
Serves 5-6

Roasted Butternut Squash Soup v gf ...35  
butternut squash, sage

Roasted Brussels Sprouts v gf ...45  
roasted mushroom, marinated pepper, soy ginger glaze, lime

Edamame Guacamole v ...45  
avocado, cilantro, lime, Chef Matt’s Magical Dust, umami cracker

Herb Hummus veg ...45  
cucumber, cherry tomato, onion, olive, feta, lemon oregano vinaigrette, pita

**SALADS**  
Option to Add Protein • Serves 5-6

Tuscan Kale Salad veg ...50  
organic kale, lemon, garlic, parmesan, breadcrumb

Chopped Salad veg ...60  
medjool date, jicama, organic apple, white cheddar, farro, champagne vinaigrette, dried cranberry, marcona almond

Seasonal Harvest Salad v gf ...60  
roasted seasonal vegetables, cannellini bean, horseradish vinaigrette, pomegranate seeds, mulberry

**WRAPS**  
Serves 5-6 (10 half wraps)

Grilled Chicken Ranch Wrap ...70  
avocado, roasted red pepper, mixed greens, hatch chili ranch

Moroccan Chicken Pita ...65  
pickled onion, shredded romaine, arugula, charred onion, cherry tomato, feta, harissa tahini, red pepper chili flake

Vegetable Ranch Pita veg ...60  
asparagus, cucumber, roasted red pepper, romaine, hatch chili ranch

**SIDES**  
Serves 5-6

Kale-Jicama Slaw veg gf ...25

Roasted Seasonal Vegetables v gf ...30

Herb-Roasted Fingerling Potatoes v gf ...30

Wild Rice Pilaf v gf ...25

Quinoa Brown Rice v gf ...25

**PROTEIN**  
Serves 5-6

Organic Tofu v ...30

Grilled Chicken ...40

Grilled Salmon* ...70

Grass-Fed Steak* ...70

**SAUCES**  
10oz Container

Cilantro Pumpkin Seed Pesto v gf ...10

Teriyaki v gf ...10

Miso Sesame Vinaigrette v gf ...10

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**DESSERTS**

Chocolate Chip Cookies v gf  
half dozen ...15

baker’s dozen ...25

Carrot Cake* veg ...35  
quarter sheet pan

Squash Pie* v gf ...35  
full pie

*These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.