## PLACING AN ORDER

At True Food Kitchen, we believe eating well is more than delicious and good-for-you food, it's sharing it with good company. Whether you're ordering for the office, everyday entertaining, or planning a special event, our catering menu lets you carefully craft the ideal offering for your group gathering. To place your order, call the restaurant directly or order online at TrueFoodKitchen.com/catering.

## CANCELLATIONS

For changes outside of a 24 -hour window, we will do our best to accommodate client's needs. In the event of a cancellation or modification within a 24 -hour window, you will be charged in full for the original order.

## EAT WELL, LIVE WELL

True Food Kitchen is the culinary destination where the art of taste meets the science of food. Where anyone looking to eat well and live well can savor wholesome, intentionally sourced ingredients and big bold flavors to help fuel their wellbeing beyond the plate.

Whether you're ordering for the office, everyday entertaining, or planning a special event...our catering menu features a selection of healthy and delicious packages or a la carte offerings like starters, salads, bowls, entreés, beverages, and desserts that are sure to make your next group gathering even more brilliant.



## STARTERS

Serves 5-6
Roasted Butternut Squash Soup v gf ... 35 organic butternut squash, sage

Roasted Brussels Sprouts v gf ... 45
roasted mushroom, marinated pepper,
soy ginger glaze, lime
Edamame Guacamole vgf ... 45
avocado, cilantro, lime, Chef Matt's Magical Dust, house-made baked tortilla chips

Herb Hummus veg ... 45
organic chickpea, cucumber, cherry tomato, onion, olive, feta, lemon oregano vinaigrette, pita

## SALADS

Option to Add Protein • Serves 5-6
Tuscan Kale Salad veg ... 50
organic kale, lemon, garlic, parmesan, breadcrumb
Chopped Salad veg ... 60
medjool date, jicama, organic apple, white cheddar, farro, champagne vinaigrette, dried cranberry, marcona almond

Seasonal Harvest Salad v gf ... 60
roasted organic butternut squash, cauliflower, sweet potato, brussels sprout, cannellini bean, horseradish vinaigrette, pomegranate seeds, mulberry

## WRAPS

Serves 5-6 (10 half wraps)
Grilled Chicken Ranch Wrap ... 70
avocado, organic roasted red pepper, mixed greens, hatch chili ranch

Moroccan Chicken Pita ... 65
pickled onion, shredded romaine, arugula, charred onion, cherry tomato, feta, harissa tahini, red pepper chili flake

Vegetable Ranch Pita veg ... 60
asparagus, cucumber, organic roasted red pepper, romaine, hatch chile ranch

## PACKAGES

Serves 10-12
Wrapper's Delight ... 185
choice of 2 wraps, 2 sides and baker's dozen chocolate chip cookies

Must Love Bowls ... 185
choice of 2 bowls + noodles, 2 sides and baker's dozen chocolate chip cookies

Salad Gold ... 185
choice of 2 salads, 2 sides and baker's dozen chocolate chip cookies

Add any protein to packages for additional charge.

## SIDES

Serves 5-6
Kale-Jicama Slaw veg gf ... 25
Roasted Seasonal
Vegetables vgf ... 30
Herb-Roasted Fingerling
Potatoes v gf ... 30
Wild Rice Pilaf v gf ... 25
Quinoa Brown Rice v gf ... 25

## PROTEIN

Serves 5-6
Organic Tofu v ... 30
Grilled Chicken ... 40
Shrimp* ... 50
Grass-Fed Steak* ... 70
Grilled Salmon* ... 95

## SAUCES

10oz Container
Cilantro Pumpkin Seed Pesto v gf ... 10
Teriyaki v gf ... 10
Miso Sesame Vinaigrette v gf ... 10
$\mathbf{g f}=$ Gluten Friendly $\mathbf{v e g}=$ Vegetarian $\mathbf{v}=$ Vegan

## BOWLS + NOODLES

Option to Add Protein •Serves 5-6
Pesto Pasta veg ... 65
roasted mushroom, artichoke, parmesan, cilantro pumpkin seed pesto

Burrito Bowl gf ... 55
anasazi bean, avocado, organic quinoa brown rice, cotija, peruvian pepper sauce, charred scallion salsa verde

## Hawaiian Fried Rice gf ...70

Niman Ranch uncured ham, organic quinoa brown rice, pineapple, pickled red onion, Vital Farms pasture-raised fried egg

Ancient Grains Bowl v ... 65
miso sesame glazed sweet potato, charred onion, snap pea, portobello, avocado, organic grains, cilantro pumpkin seed pesto, hemp seed, turmeric

Teriyaki Quinoa Bowl v gf ... 55
organic quinoa brown rice, broccoli, rainbow carrot, bok choy, green bean, snap pea, pickled shiitake, Chef Matt's Magical Dust

Lasagna Bolognese gf ... 70
fennel chicken sausage, mushroom, organic spinach, ricotta, basil

## ORGANIC TEA + LEMONADE

## Seasonal Lemonade ... 25

Organic Green Tea ... 15
Organic Black Tea ... 15

## DESSERTS

Chocolate Chip Cookies v gf
half dozen ... 15
baker's dozen ... 25
Carrot Cake* veg ... 35
quarter sheet pan
Squash Pie* v gf ... 35
full pie

