TRUE FOOD KITCHEN

DINNER DUO

Dinner for Two

STARTER + TWO ENTREES + DESSERT

Available Monday-Friday 5pm-Close

STARTERS CHOOSE ONE TO SHARE

Edamame Dumplings VEG
white truffle oil, dashi, thai basil, sesame seeds (12g protein | 270 cal)

Mediterranean Hummus V
spicy herb sauce, red pepper pistachio spread, za'atar spice,
served with baked flatbread (19g protein | 710 cal)

Guacamole V
avocado, lime, cilantro, cherry tomatoes, pickled organic fresnos,
served with baked flatbread (3g protein | 330 cal)

ENTRÉES CHOOSE TWO

Chinese Chicken Salad GF
grilled chicken, bok choy, cabbage, organic mixed greens, avocado, watermelon radish, snap peas, cilantro, pickled ginger, toasted quinoa almond sesame blend, carrot ginger dressing (34g protein | 700 cal)

All-American Burger*
Verde Farms organic 100% grass-fed beef, aged white cheddar,
TFK special sauce, butter lettuce, tomato (51g protein | 720 cal)

Turkey Burger
Diestel Farms turkey, smoked gouda, avocado, tomato, butter lettuce,
jalapeño remoulade (43g protein | 600 cal)

Lasagne al Pesto* GF
Diestel Farms turkey sausage bolognese, pistachio pesto, organic spinach,
ricotta, fresh mozzarella, basil (32g protein | 750 cal)

Spinach and Wild Mushroom Pizza V
roasted wild mushrooms, organic spinach, garlic purée, lemon almond ricotta
(29g protein | 1070 cal)

Margherita Pizza VEG
fresh mozzarella, DiNapoli tomato sauce, basil (38g protein | 920 cal)

Teriyaki Quinoa Bowl* V GF
regenerative quinoa brown rice blend, broccoli, rainbow carrots, bok choy,
snap peas, pickled shiitake, sesame seeds (24g-47g protein | 590-690 cal)
Chef's Suggestion – add organic tofu, grilled chicken or shrimp

Korean Noodle Bowl* V GF
glass noodles, pickled shiitake, organic spinach, carrot, bean sprouts
(28g-51g protein | 780-880 cal)
Chef's Suggestion – add organic tofu, grilled chicken or shrimp

Wild-Caught Tuna Poke Bowl* GF
regenerative black rice, avocado, roasted wild mushrooms, cucumber, jalapeño,
edamame, pickled ginger, citrus ponzu (32g protein | 500 cal)

DESSERT TO SHARE

Flourless Chocolate Cake VEG GF
organic TCHO chocolate, vegan vanilla ice cream, caramel, almonds,
cacao nibs (660 cal)

COMPLETE YOUR MEAL with a 6oz Glass of Proprietary Wine

Dine-in only. Price does not include additional proteins or other add-ons, which may be ordered at an additional cost. Substitutions are not permitted. Offer valid Monday–Friday 5 PM-Close. Not available with other promotions or discounts.

V Vegan VEG Vegetarian GF Gluten-Friendly